

TENNESSEE ONCOLOGY

PREP FOR P.E.T. Scan

Your appointment is scheduled for: _____ Date: _____, at the following center:

_____ ■ **Tennessee Oncology PET Services**

2018 Murphy Ave., Suite 200
Nashville, TN 37203
Phone (615) 320-7387
Fax (615) 327-3756

_____ ■ **Imaging Alliance-Nashville PET**

Lions Head Village
52 White Bridge Road
Nashville, TN 37205
Phone (615) 354-1255
Fax (615) 354-9806

_____ ■ **Tennessee PET Scan Center**

1840 Medical Center Parkway
Seton Building, Suite 100
Murfreesboro, TN 37129
Phone (615) 890-5858
Fax (615) 890-5670

- NPO (nothing to eat or drink) for six (6) hours prior to the procedure, **except for water only.**
- Do not eat candy, gum or cough drops.
- A low carb meal is recommended as your last meal before your six hour prep.
- Take regular medications that are **not liquid** and can be tolerated on an empty stomach.
- Oral diabetic medication should not be taken within six (6) hours of the scan.
- Insulin injections should not be given within four (4) hours of the scan.
- Avoid strenuous exercise, including rehab, for 24 hours prior to the scan.
- Begin drinking oral contrast, **if ordered**, one hour prior to the appointment time. PET scans for head and neck cancers **will not** require oral contrast.
- If it is necessary to reschedule your appointment, 24-hour advance notification is required.
- If you need to cancel or reschedule your appointment, please call our **Central Scheduling department at 615-329-1599.**