

TENNESSEE ONCOLOGY

PREP FOR CT SCAN

Your appointment is at _____ on _____ at

_____ ■ **Tennessee Oncology PET Services**

2018 Murphy Ave., Suite 200
Nashville, TN 37203
Phone (615) 320-7387
Fax (615) 327-3756

_____ ■ **Imaging Alliance-Nashville PET**

Lions Head Village
52 White Bridge Road
Nashville, TN 37205
Phone (615) 354-1255
Fax (615) 354-9806

_____ ■ **Tennessee PET Scan Center**

1840 Medical Center Parkway
Seton Building, Suite 100
Murfreesboro, TN 37129
Phone (615) 890-5858
Fax (615) 890-5670

- NPO (nothing to eat or drink) six (6) hours prior to the procedure.
- **For CTs of the abdomen and/or pelvis only**, begin to drink the oral contrast **one hour** prior to appointment time. Additional contrast may be required if consumed *more than one hour before the test*.
- No oral contrast is required for CT scans of the chest, head or neck.
- If you need to cancel or reschedule your appointment, please call our **Central Scheduling department at 615-329-1599**.

TENNESSEE ONCOLOGY

PREP FOR P.E.T. Scan

Your appointment is scheduled for: _____ Date: _____, at the following center:

_____ ■ **Tennessee Oncology PET Services**

2018 Murphy Ave., Suite 200
Nashville, TN 37203
Phone (615) 320-7387
Fax (615) 327-3756

_____ ■ **Imaging Alliance-Nashville PET**

Lions Head Village
52 White Bridge Road
Nashville, TN 37205
Phone (615) 354-1255
Fax (615) 354-9806

_____ ■ **Tennessee PET Scan Center**

1840 Medical Center Parkway
Seton Building, Suite 100
Murfreesboro, TN 37129
Phone (615) 890-5858
Fax (615) 890-5670

- NPO (nothing to eat or drink) for six (6) hours prior to the procedure, **except for water only.**
- Do not eat candy, gum or cough drops.
- A low carb meal is recommended as your last meal before your six hour prep.
- Take regular medications that are **not liquid** and can be tolerated on an empty stomach.
- Oral diabetic medication should not be taken within six (6) hours of the scan.
- Insulin injections should not be given within four (4) hours of the scan.
- Avoid strenuous exercise, including rehab, for 24 hours prior to the scan.
- Begin drinking oral contrast, **if ordered**, one hour prior to the appointment time. PET scans for head and neck cancers **will not** require oral contrast.
- If it is necessary to reschedule your appointment, 24-hour advance notification is required.
- If you need to cancel or reschedule your appointment, please call our **Central Scheduling department at 615-329-1599.**

TENNESSEE ONCOLOGY

Frequently Asked Questions For P.E.T. scans

What is PET?

PET is an acronym for **Positron Emission Tomography**. PET uses radiation or nuclear medicine imaging to produce 3-dimensional color images of the functional processes within the human body. A Computed Tomography (CT) scan shows the structure. Merging these two scans into one highly sophisticated PET/CT imaging technique provides detailed information about presence or spread of disease and accurately identifies its precise location.

How does PET work?

Radioactive glucose (sugar) called a radiotracer is injected into the vein of your arm. The tracer travels through the body and is absorbed by the organs and tissues being studied. The energy given off by the tracer substance is converted into 3-dimensional pictures.

How is a PET scan different from a CT or MRI scan?

A PET scan reveals energy changes at a cellular level. This allows detection of small cancers, differentiates between benign and malignant tumors, and allows accurate staging. CT or MRI detects structural organ or tissue changes that occur later with more progressed disease. .

How long does the test take?

After injected into the vein, it typically takes about 1 hour for the radiotracer to travel throughout the body and be absorbed into the organs or tissues being examined. The scan itself may take another 20-45 minutes. You will be asked to remain still for the length of the exam.

What are the risks associated with a PET scan?

Although a radiotracer chemical is used, the radiation exposure is low. Pregnant and lactating women should discuss the risk compared with the need for and potential information to be gained with their physician.

How do I prepare for a PET Scan?

- Do not eat or drink 6 hours prior to your exam.
- Take regular medications with water, except diabetic medications.
- **Oral diabetic medications cannot be taken within six hours of your scan.** Insulin should NOT be injected within 4 hours of the scan. Blood glucose should be less than 200 before the injection of radioactive glucose. For glucose levels above 200, please contact our PET facility prior to your appointment time.
- Discuss with your physician if you anticipate experiencing anxiety or claustrophobia. A mild sedative may be prescribed for you to bring with you to your appointment. If so, plan to have someone drive you home.
- Wear comfortable clothes.
- Expect the procedure to last a total of 2-3 hours.
- Provide 24 hour advance notice to reschedule.

What happens after the PET scan?

Eat as normal and drink plenty of fluids after your study is completed. You should not experience any side effects from the study.

When will I receive results of the PET scan?

Scan results will be sent to your referring physician. Your physician will follow up to discuss your results.

PET/CT ORDER FORM

CENTRAL SCHEDULING (615) 329-1599

Appt. Date _____ Drink/Arrival Time _____ Appt. Time _____

Tennessee PET Scan Center
1840 Medical Ctr. Park., Suite 100
Murfreesboro, TN 37129
Phone (615) 890-5858
Fax (615) 890-5670

Imaging Alliance-Nashville PET
52 White Bridge Road
Nashville, TN 37205
Phone (615) 354-1255
Fax (615) 354-9806

Tennessee Oncology PET Services
2018 Murphy Ave., Suite 200
Nashville, TN 37203
Phone (615) 320-7387
Fax (615) 327-3756

Patient Name _____ Date of Birth _____

Home Phone (____) _____ Work Phone (____) _____ Cell Phone (____) _____

Social Security No. _____ Emergency Contact _____ Emergency Phone (____) _____

Referring Physician _____ Signature _____
(PRINT NAME) (NO STAMPS PLEASE)
Phone (____) _____ Fax (____) _____

ICD Code _____ IV Contrast Allergy ___ Yes ___ No ___ Unknown

Primary Diagnosis _____

Special Instructions _____

Location of Previous Scans _____

Authorization No. _____ **PET Order** _____ **STAT REPORT** _____

Standard Body Scan
CPT 78815 - Standard Body Scan Skull base to mid thigh

Special Non-Standard Body Scan
CPT 78816 - Whole Body Scan Melanoma, initial staging only
CPT 78608 - Brain Only

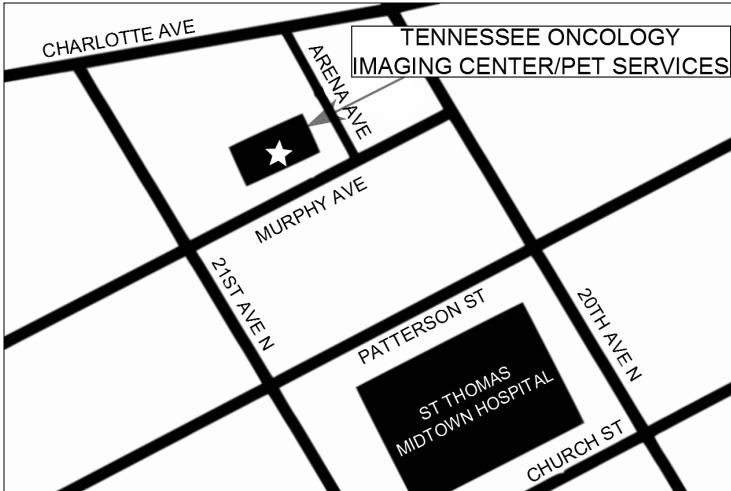
CT Order _____ **STAT REPORT** _____

Chest
Abdomen (diaphragm to iliac crest)
Pelvis (iliac crest to pubis)
Orbits
Other, specify _____

Head
Neck
Sinus
Extremity, specify _____

TENNESSEE ONCOLOGY

PET/CT Facility Locations

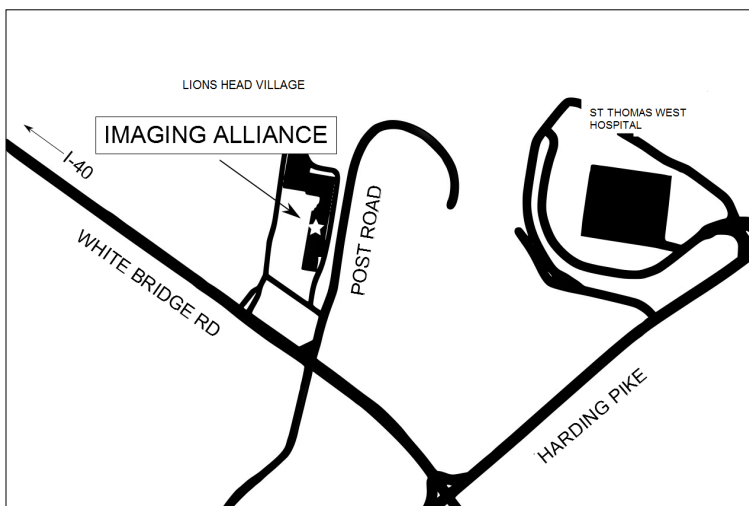
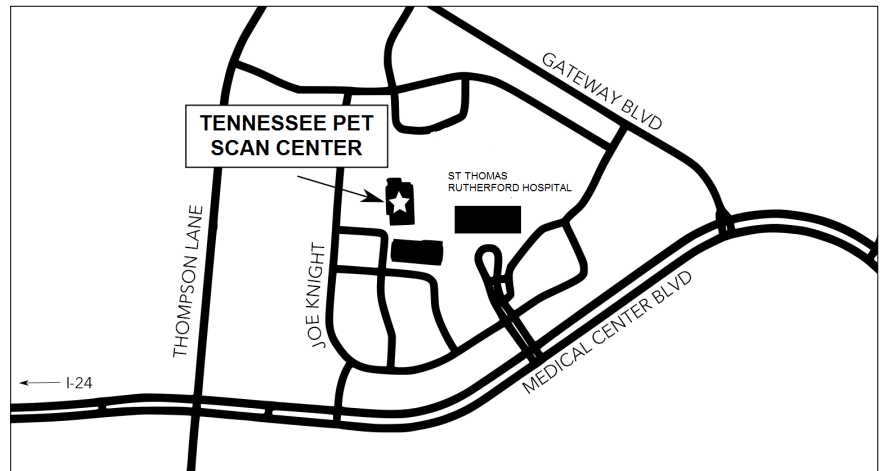


TENNESSEE ONCOLOGY PET / IMAGING CENTER

2018 Murphy Avenue
Suite 200
Nashville, TN 37203
(615) 320-7387

TENNESSEE PET SCAN CENTER

1840 Medical Center Pkwy
Seton Building, Suite 100
Murfreesboro, TN 37129
(615) 890-5858



IMAGING ALLIANCE - NASHVILLE PET

Lions Head Village
52 White Bridge Road
Nashville, TN 37205
(615) 354-1255