

17 PATIENT COUNSELING INFORMATION

Advise the patient to read the FDA-approved patient labeling (Patient Information).

Seizure

- Inform patients that XTANDI has been associated with an increased risk of seizure. Discuss conditions that may predispose to seizures and medications that may lower the seizure threshold. Advise patients of the risk of engaging in any activity where sudden loss of consciousness could cause serious harm to themselves or others. Inform patients to contact their healthcare provider right away if they have loss of consciousness or seizure [see *Warnings and Precautions (5.1)*].

Posterior Reversible Encephalopathy Syndrome (PRES)

- Inform patients to contact their healthcare provider right away if they experience rapidly worsening symptoms possibly indicative of PRES such as seizure, headache, decreased alertness, confusion, reduced eyesight, or blurred vision [see *Warnings and Precautions (5.2)*].

Falls and Fall-related Injuries

- Inform patients that XTANDI is associated with an increased incidence of dizziness/vertigo, falls, and fall-related injuries [see *Adverse Reactions (6.1)*].

Hypertension

- Inform patients that XTANDI is associated with an increased incidence of hypertension [see *Adverse Reactions (6.1)*].

Infections

- Inform patients that XTANDI may be associated with an increased incidence of infections. Advise patients to immediately contact their healthcare provider if they develop signs and symptoms of infection [see *Adverse Reactions (6.1)*].

Dosing and Administration

- Inform patients receiving GnRH therapy that they need to maintain this treatment during the course of treatment with XTANDI.
- Instruct patients to take their dose at the same time each day (once daily). XTANDI can be taken with or without food. Each capsule should be swallowed whole. Do not chew, dissolve, or open the capsules.
- Inform patients that they should not interrupt, modify the dose, or stop XTANDI without first consulting their healthcare provider.
- Inform patients that if they miss a dose, then they should take it as soon as they remember. If they forget to take the dose for the whole day, then they should take their normal dose the next day. They should not take more than their prescribed dose per day [see *Dosage and Administration (2.1)*].

Embryo-Fetal Toxicity

- Inform patients that XTANDI can be harmful to a developing fetus. Advise male patients with female partners of reproductive potential to use effective contraception during treatment and for 3 months after the last dose of XTANDI. Advise male patients to use a condom if having sex with a pregnant woman [see *Use in Specific Populations (8.3)*].

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Marketed by:

Astellas Pharma US, Inc., Northbrook, IL 60062 Pfizer Inc., New York, NY 10017

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Rx Only

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PATIENT INFORMATION
XTANDI® (ex TAN dee)
(enzalutamide)
capsules

What is XTANDI®?

XTANDI is a prescription medicine used to treat men with prostate cancer that no longer responds to a medical or surgical treatment that lowers testosterone and that has spread to other parts of the body.

It is not known if XTANDI is safe and effective in children.

Who should not take XTANDI?

XTANDI is not for use in women.

Do not take XTANDI if you are pregnant or may become pregnant. XTANDI can harm your unborn baby.

Before taking XTANDI, tell your healthcare provider about all your medical conditions, including if you:

- have a history of seizures, brain injury, stroke, or brain tumors
- have a partner who is pregnant or may become pregnant. Men who are sexually active with a pregnant woman must use a condom during and for 3 months after treatment with XTANDI. If your sexual partner may become pregnant, a condom and another form of effective birth control must be used during and for 3 months after treatment. Talk with your healthcare provider if you have questions about birth control. See **“Who should not take XTANDI?”**

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. XTANDI may affect the way other medicines work, and other medicines may affect how XTANDI works.

You should not start or stop any medicine before you talk with the healthcare provider that prescribed XTANDI.

Know the medicines you take. Keep a list of them with you to show your healthcare provider and pharmacist when you get a new medicine.

How should I take XTANDI?

- Take XTANDI exactly as your healthcare provider tells you.
- Take your prescribed dose of XTANDI 1 time a day, at the same time each day.
- Your healthcare provider may change your dose if needed.
- Do not change or stop taking your prescribed dose of XTANDI without talking with your healthcare provider first.
- XTANDI can be taken with or without food.
- Swallow XTANDI capsules whole. Do not chew, dissolve, or open the capsules.
- If you miss a dose of XTANDI, take your prescribed dose as soon as you remember that day. If you miss your daily dose, take your prescribed dose at your regular time the next day. Do not take more than your prescribed dose of XTANDI in one day.

If you take too much XTANDI, call your healthcare provider or go to the nearest emergency room right away. You may have an increased risk of seizure if you take too much XTANDI.

What are the possible side effects of XTANDI?

XTANDI may cause serious side effects including:

- **Seizure.** If you take XTANDI you may be at risk of having a seizure. You should avoid activities where a sudden loss of consciousness could cause serious harm to yourself or others. Tell your healthcare provider right away if you have loss of consciousness or seizure. Your healthcare provider will stop XTANDI if you have a seizure during treatment.
- **Posterior Reversible Encephalopathy Syndrome (PRES).** If you take XTANDI you may be at risk of developing a condition involving the brain called PRES. Tell your healthcare provider right away if you have a seizure or quickly worsening symptoms such as headache, decreased alertness, confusion, reduced eyesight,

blurred vision or other visual problems. Your healthcare provider will do a test to check for PRES. Your healthcare provider will stop XTANDI if you develop PRES.

The most common side effects of XTANDI include:

- weakness or feeling more tired than usual
- back pain
- decreased appetite
- constipation
- joint pain
- diarrhea
- hot flashes
- upper respiratory tract infection
- swelling in your hands, arms, legs, or feet
- shortness of breath
- muscle and bone pain
- weight loss
- headache
- high blood pressure
- dizziness
- a feeling that you or things around you are moving or spinning (vertigo)

XTANDI may cause infections, falls and injuries from falls. Tell your healthcare provider if you have signs or symptoms of an infection or if you fall.

These are not all the possible side effects of XTANDI. Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store XTANDI?

- Store XTANDI between 68°F to 77°F (20°C to 25°C).
- Keep XTANDI capsules dry and in a tightly closed container.

Keep XTANDI and all medicines out of the reach of children.

General information about the safe and effective use of XTANDI.

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use XTANDI for a condition for which it was not prescribed. Do not give XTANDI to other people, even if they have the same symptoms that you have. It may harm them.

You can ask your healthcare provider or pharmacist for information about XTANDI that is written for health professionals.

What are the ingredients in XTANDI?

Active ingredient: enzalutamide

Inactive ingredients: caprylocaproyl polyoxylglycerides, butylated hydroxyanisole, butylated hydroxytoluene, gelatin, sorbitol sorbitan solution, glycerin, purified water, titanium dioxide, black iron oxide

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